

Young Children

Badger's Parting Gifts by Susan Varley

Badger's friends remember his life and the gifts of friendship that stay with them after his death.

Beginning by Warren Hansan

Book on encouragement of new beginnings after a death.

Cat Heaven by Cynthia Rylant

The author imagines what Heaven is like for cats.

Healing Your Grieving Heart For Kids: 100 Practical Ideas by Alan D. Wolfelt, Ph.D.

How Are You Peeling: Food With Moods by Saxton Freymann and Joost Elffers

A short picture book exploring and identifying the many moods we all feel – expressed through fruits and vegetables!

How it Feels When A Parent Dies by Jill Krementz

Perspectives of several children, varying in age, regarding their feelings and reactions to a parent's death. All have different reactions and no two stories are alike (even within the same family).

I Miss You: A First Look At Death by Pat Thomas

A simple picture book introducing children to basic concepts of grief and death. Discussion questions to facilitate conversation with your child found throughout the book.

It's Hard to Say Goodbye by Ursula Hull

Written to help answer some questions a young child may have about attending a funeral.

Lost and Found by Ellen Yeomans

A young child explores the journey of finding comfort after the death of a sister.

Love You Forever by Robert Munsch

A story of the bond and undying love between parents and children.

Lucy Lettuce by Patrick Loring and Joy Johnson

A story showing feelings of grief and loss through food. All ages will appreciate the imagery and simple food analogies. Includes a visual demonstration "how- to."

Tear Soup by Pat Schweibert and Chuck DeKlyen

A beautifully written and illustrated book, for all ages, comparing the slow process of coming to terms with grief to making soup. Helps to show that each person's process of healing is unique and uses many different "ingredients."

The Fall of Freddie the Leaf by Leo Buscaglia, Ph.D.

A story to help explain the cycle of life and death through nature. Freddie learns that all things must die but that life continues on.

The Kissing Hand by Audrey Penn

Chester Raccoon feels unsure about leaving his mother for the first day of school but she tells him a secret to keeping her love with him at all times.

The Next Place by Warren Hanson

This beautifully illustrated book provides a journey through the author's imagination of what comes next – after life.

Today I Feel Silly & Other Moods That Make My Day by Jamie Lee Curtis

A fun book that explores the different moods that we all experience and tells us it's ok for our moods to change.

Water Bugs & Dragonflies by Doris Stickney

Explaining death to children through comparing it to the transition of water bugs turning into dragonflies. Accompanied by prayer and bible verses to help parents.

We Were Gonna Have A Baby, But We Had An Angel Instead by Pat Schweibert

A young child explains the loss of his family's baby before it is born. This short story uses simple language.

When Dinosaurs Die: A Guide to Understanding Death by Laurie Krasny Brown and Marc Brown

Answers some of the questions children may have about death simply and honestly, as well as gives ideas for ways to express emotions in a healthy way and ways of remembering loved ones who have died.

When Your Grandparent Dies: A Child's Guide to Good Grief by Victoria Ryan

This guide to helping children understand the death of a grandparent uses simple, honest language and easy to read organization. Religious beliefs such as God and Heaven are discussed.

Where Are You? By Laura Olivieri

A child's book about loss.

Where's Jess by Joy & Marv Johnson with Heather, Ray, & Jody Goldstein

A child questions death after the loss of a sister, but learns that feeling sad and crying are okay.